

# Fall Program Guide

# The GATEWAY



CITY OF GAHANNA

*What's Your  
Vision?*

*Tell us using the survey inside!*



*Fall  
2005*



## Mayor's Message



This summer, my family and I enjoyed a variety of fun activities like camping, fishing, boating and swimming to help us stay fit to meet the challenges of everyday life. My teenage son and daughter also participated in summer camping experiences and enjoyed an exciting week at Chief Logan Reservation, a Boy Scout Camp in southeastern Ohio. I am honored to serve as an associate advisor to the Gahanna Venture Crew 911 (a co-ed, high adventure Boy Scout unit). In July, after two years of planning and fundraising, our Venture Crew traveled to the Brinton Environmental Center, a part of the Florida Sea Base. In spite of the heat, humidity, insects and hurricanes, all of us thoroughly enjoyed this once-in-a-lifetime opportunity.

Many Gahanna residents also enjoyed summertime fun with a wide variety of Gahanna activities and events. Approximately 85,000 people visited our City's 7<sup>th</sup> Annual *Creekside Blues & Jazz Festival* and were treated to three days of great music, food and fun. Every Friday evening, Gahanna's *Summer Music in the Park* presented a wonderful assortment of musical entertainment for all ages within the serene outdoor setting of Friendship Park. Other community events included the *Gahanna Historical Society's Herb and Craft Festival*, the *Freedom Festival* and *TeenFest*. This year, I proudly served as the Lion's Club Independence Day Parade Grand Marshal. In light of the war on global terrorism and the loss of Gahanna son and patriot, Army Specialist Nick Messmer who was recently killed in Iraq, this honor carried a heartfelt responsibility.

This fall and winter, Gahanna activities and events will continue providing our residents with wonderful opportunities to Live, Work and Play. The exciting lineup of classes and events listed within this publication truly includes something for everyone. Meeting our residents' recreational needs is a Gahanna Parks & Recreation Department priority and the reason behind its current Master Plan initiative. At its completion, the Master Plan will provide a ten-year strategy of what Gahanna citizens want, need and have asked their City to provide in the future. Two community recommendations that have already become realities are new, innovative programming for moms and their preschool-age children and the creation of Pooch Playground, a 2.3-acre, fenced-in dog park located in Gahanna's Hannah Farms Park.

I'm very proud of our City's comprehensive schedule of activities and events and of the people who have made them possible. Upcoming events like *Creepsides Festival*, *Taste of Gahanna*, *Gahanna Country Flea Market* and the *Holiday Lights Parade* are just a few opportunities to celebrate the harvest and holiday season. I invite you to also check out the many classes listed within this *Gateway* publication like *Walk with a Doc*, *Dog Days of Summer*, *Creeking with the Family*, *Family Pumpkin Picking*, *Multi-Sport Open Gym for Teens* and *Winter Camp* for children - you'll be glad you did!

*Becky Stinchcomb*  
Becky Stinchcomb  
Mayor, City of Gahanna



## STAFF PICKS!

We are offering so many new programs in addition to our tried and true favorites that we wanted to let you know what our favorites are! We hope that you will enjoy this fall in our parks, at our golf course, and at the senior center. Follow our suggestions for a fall made of magical memories! To get started, read through the brochure and explore the wonderful opportunities that lay in store...or choose one of our picks below!

Jason, our nature enthusiast, recommends **Creeking with the Family** (page 9)

Lisa, our office guru, suggests you try the **Herb Safety Class** (page 18)

Alan, our Tiger Woods, recommends getting in one last **golf class with Jeff Burns** (page 10)

Rob, our master gardener, encourages you to enjoy the crisp winter air during our **Family Tree Hunting** (page 9)

Abbey, our camping queen, is so excited we're offering **Winter Camp** (page 16)

Mike, our festival junkie, wants you to come visit **Creepsides Festival '05** (page 4)

Carl, our animal lover, suggests the **Westie Walk** (page 7)

Danise, our Senior Center Diva, likes **The Senior Center Little Brown Jug Event** (page 21)

Tony, our fearless leader, wants you to tell us **your vision for Parks and Recreation** (page 8)



*"I vision....* that one day it will be common knowledge that when people mention Gahanna, the first thing that comes to mind is "wow, what a great park system".

~ Donald R. Shepherd

*What's YOUR vision?* Tell us on the enclosed survey!





## Our Parks & Recreation Department Staff...

**Tony Collins**, Parks and Recreation Director

**Mike Musser**, Recreation Superintendent

**Carl Norris**, Parks Superintendent

**Abbey Brooks**, Recreation Supervisor

**Danise Hall**, Senior Services Supervisor

**Alan Little**, Golf Course Supervisor

**Lisa Dillon**, Administrative Assistant

**Jason Shamblin**, Parks Crew Leader

**Rob Wendling**, Parks Crew Leader

**Marty White**, Parks Crew Leader

## Park Reservations

Park Shelters can be reserved for family or group outings throughout the year. Shelters are reserved by the day (9am-9pm). Groups that wish to reserve a park shelter must complete the reservation form available at the Parks & Recreation Department Office and pay a minimal fee. Reservations are accepted for the following facilities with resident and non-resident fees listed below:

Friendship Park	\$30 R	\$50 NR
Woodside Green Park	\$30 R	\$50 NR
Pizzurro Park	\$30 R	\$50 NR
Friendship Park Gazebo	\$10 R	\$20 NR
Athletic Fields	\$50 per field per day	

## Clubhouse Rental

The Gahanna Golf Course Clubhouse, located at 220 Olde Ridenour Road, is available for rent. Facilities include a wood-burning fireplace, kitchen with range top burners, refrigerator, microwave oven, plenty of cabinets and counters, ample parking, and a convenient Gahanna location. Tables and chairs are available for up to 80 people. Additional tables and chairs may be brought in at the user's expense, for a total seating of 100 people. The facility can be used for meetings, family reunions, team banquets, wedding receptions, parties, etc. **Consumption of alcohol and smoking are prohibited.**

The cost is \$45/hour for residents and \$65/hour for non-residents (2-hour minimum). Also required is a \$100 refundable deposit. Call the Parks and Recreation Office at (614) 342-4250 for availability and more information.

## Bicycle/Advisory Board

The Gahanna-Jefferson Township Bicycle Advisory Board was formed in 1995 through appointments from both jurisdictions. This board meets monthly and was instrumental in the City's hiring of a consulting firm to assist with the formation of our Bikeway Plan. For further information, please contact Dennis Oswald at (614) 475-6223.

## Bike Route Information

The tri-fold map of the bike routes is available. These maps are **FREE** and downloadable at [www.gahanna.gov](http://www.gahanna.gov).

## New Programs

Do you have a talent you could teach others? Is there a program or class you would like to see the Gahanna Parks and Recreation Department offer? If so, please call the Parks and Recreation office at (614) 342-4250 and offer your suggestions. Only through your input can we better provide programs for your enjoyment. Thank you for your support.

**Interested in teaching a class or volunteering your time?**  
**Give us a call at 342-4250.**

## Program Accessibility

The Gahanna Parks and Recreation Department welcomes and encourages all people, regardless of ability, to participate in our programs and enjoy our facilities. Registrants who have a disability must contact the Department at least two weeks prior to the starting date of the program to arrange accommodations or equivalent facilitation necessary for program accessibility.



## Major Park Highlights

	<i>Academy Park</i> 1201 Cherrybottom Road	<i>Friendship Park *</i> 150 Oklahoma Avenue	<i>Gahanna Woods</i> 1501 Taylor Station Road	<i>Hannah Farms Park</i> 6547 Clark State Road	<i>Headley Park</i> 1031 Challis Springs Drive	<i>McCorkle Park</i> 200 McCutcheon Road	<i>Pizzurro Park *</i> 940 S. Hamilton Road	<i>Shall Park</i> 236 Granville Street	<i>Woodside Green Park *</i> 213 Camrose Court
Acres	93	33	50	22	34	37	27	10	52
Baseball	7			1					2
Basketball	2	1					1		1
Canoe Landing		●					●		●
Dog Park				●					
Fishing	●	●					●		●
Football						3			
Gazebo		●							
In-Line Hockey								●	
Jogging Track	●								●
Open Meadow	●	●	●	●	●	●	●	●	●
Picnic Area	●	●	●		●	●	●		●
Play Apparatus	●	●	●		●	●	●		●
Restrooms	●	●							●
Portable Restrooms	●	●	●	●	●	●	●	●	●
Open Shelter	●	●				●	●		●
Ice Skating									●
Skate Park								●	
Soccer				4	12	1		8	
Softball					1		2		
Tennis		●							
Nature Trails	●	●	●			●			●
Volleyball					2				

\* These Parks have shelters that are available for rent. See information above under Park Reservations.



# FESTIVALS



## Creepside Festival '05

Gahanna Golf Course

(220 Olde Ridenour Road)

October 19 • 6:00-8:30 pm

Put on your costumes, dress up the kids and grandkids, and join the Gahanna Parks and Recreation Department for our 2<sup>nd</sup> annual spooktacular event! (We will be located at the Golf Course this year due to the construction at Creekside.) This event is for children of all ages—and best of all...it's FREE! Refreshments for all, hayrides, activities, music, and plenty of candy highlight this fun and safe activity. Come and have a Great Pumpkin of a time!

### Highlights Include:

**Dracula's Lair**—Adults 18 and older give back to the community by spilling a little blood for the American Red Cross! Blood Drive will be held at the Golf Course Clubhouse. Please call the Parks & Recreation office at 342-4250 to schedule your donation time.

**Trunk or Treat**—Join local businesses, the Gahanna Police, Mifflin Fire Dept, and many others as they pass out candy at the golf course!

**Activities & Games**—Come try "booling," bobbing for doughnuts, our very own Madame Moonbeam fortune teller, mummy making, and much more!

**Hayrides**—Weather permitting, we'll take a spooky trip around the golf course.

**Food & Refreshments**—Hotdogs, apples, s'mores, and popcorn are just a few of the goodies we'll provide.



November 26, 2005

Olde Gahanna

Mifflin Presbyterian Church  
& The Sanctuary

Bring the whole family out to enjoy this growing Gahanna tradition, home of *CENTRAL OHIO'S ORIGINAL ALL-LIGHTED NIGHTTIME PARADE*.

Be sure to see all of the sights and experience all that the afternoon festival has to offer before the parade steps off at 6 p.m. from Gahanna Lincoln High School.

### 2005 Special Features

Creekside Park Winter Wonderland  
Festival of Trees Silent Auction  
Over 100 Lighted Parade Entries



### KIDS CRAFTS & GAMES

Bean Bag Toss  
Holiday Decoration Crafts  
Plant a Pine Tree  
Chocolate Covered Candy Canes  
Handmade Ornaments  
Inflatables  
Santa's Secret Workshop  
...and of course **PICTURES WITH SANTA**

Don't get caught in traffic, ride our complimentary shuttle  
(watch our website for details).

For more information, visit  
[www.gahanna.gov/holidaylights](http://www.gahanna.gov/holidaylights)





## Civic Leaders

**Mayor:** Becky Stinchcomb  
**City Attorney:** Thomas L. Weber  
**Gahanna City Council**  
 Ward 1: John McAlister  
 Ward 2: Shane Ewald  
 Ward 3: Tom Evers  
 Ward 4: Debra Payne

At Large: L. Nicholas Hogan  
 Tom Kneeland  
 Nancy McGregor

## Parks & Recreation Board

The Gahanna Parks and Recreation Board holds meetings at 7:00 p.m. on the first Wednesday of each month at City Hall, unless otherwise noted. All meetings are open to the public and we welcome any citizens or groups that would like to attend. If you would like to talk about a specific topic, please call our office at 342-4250, in advance, and we will be sure to put you on the Agenda for that specific meeting.

The Gahanna Parks and Recreation Board consists of seven appointed members: three by the Mayor, three by Council, and one member of the Gahanna-Jefferson School Board. The current Board members are:

Diane Cantrell  
 Marlene Eader  
 Luke Messinger  
 Dot Micacchion  
 Eric Miller  
 Dave Thom  
 Frank Treadway

## Gahanna Landscape Board

The Gahanna Landscape Board holds meetings at City Hall on the first Wednesday of each month at 6:00 p.m., unless otherwise noted. All meetings are open to the public. If you would like to address a specific topic, please call the Parks and Recreation office at 342-4250, at least one week in advance of the next meeting, so we can place you and/or your group on the Agenda.

The Gahanna Landscape Board consists of 5 members appointed by the Mayor and Council. The current Board members are as follows:

Jane Allinder  
 Mark DiGiando  
 Norm Hughes  
 Joseph Keehner, Jr.  
 Vince Tremante

## WE NEED YOUR HELP

(and we'll pay you for it too!).

The Recreation Department is currently seeking new instructors and team members that can develop, lead, and teach programs to people of all ages and abilities. We are interested in finding instructors that can facilitate art programs, teen programs, and preschool programs; but, we have an open mind and we will listen to all program proposals that are submitted. Instructors will be hired on a part time basis and must submit to drug testing and background checks. Interested persons should contact the Recreation Department at 342-4250 to get started for the Winter sessions!

## Recycling Information

### It's Easy To Recycle In Gahanna

Gahanna wants to make it easy for residents to recycle their materials!

Rumpke, Gahanna's Waste Service provider, uses **Single Stream Recycling** which allows your recyclable materials to be mixed together in your recycling bins and within their collection trucks. Once the materials arrive at their recycling centers, they are mechanically and manually sorted. Single Stream makes recycling easy and convenient for you!

All households in the City of have been given two recycling bins; one with a lid for lightweight materials like paper, junk mail or phone books and the other for cans, plastics (#1 thru #7) and glass. Residents should label the bottom of the bins with their address. If you have more recyclables than your bins allow, you can use a cardboard box.

### DO NOT USE PLASTIC BAGS AND DO NOT PUT TRASH IN THE RECYCLING BINS.

## Curbside Recycling

Materials accepted for curbside collection:

Paper Items  
 Newspaper  
 Ad Slicks  
 Magazines  
 Chipboard  
 Corrugated Cardboard Boxes (Flattened & cut into sections to fit inside the recycle bins.)  
 Telephone Books  
 Junk Mail  
 Office Paper  
 Plastic / Aluminum / Glass  
 Aluminum, Steel & Bi-Metal Food & Beverage Cans  
 Plastics #1 through #7  
 Colored & Clear Glass Containers



## Ask the Experts!

Anne and Paul, a young couple new to the community, e-mailed us asking, "What can we do to keep our yard looking good all fall and into the spring?" Our experts in the Parks Department have this advice for the couple:

Autumn is the time of the year when most of us think of raking leaves, harvesting the rest of the garden vegetables and putting away the garden tools. But before you do that.....there are a couple of things you should think about doing. Things that are over looked are, watering, pruning, and fertilization. Watering is very important in the fall and throughout winter as needed. This not only helps the plants survive the winter but also get ready for the next growing season. The frequency of watering should be adjusted according to the amount of precipitation, both rain and snow. One inch per week is ideal. This is particularly important with Evergreens both needled and broadleaf like [Azalea, Rhododendron, or Holley] to help prevent winter burn to the foliage. This is also a great time to prune most plants except the early flowering shrubs such as Forsythia and Lilac which have already set flower buds for next year. By pruning in the dormant season we help avoid insect and disease problems related to open wounds. Tree and shrubs can be fertilized at this time of year with good results. Use good balanced fertilizer liquid or dry applied at a rate of ½ lb. – 1lb. per 1000 sq.ft. of canopy evenly around the root system. Then sit back and dream of how good things will look next year.

### Contact us by mail —

Gahanna Parks & Recreation  
 Ask the Experts!  
 200 S. Hamilton Rd  
 Gahanna, OH 43230

### Contact us by e-mail —

[abbey.brooks@gahanna.gov](mailto:abbey.brooks@gahanna.gov)  
 Subject: Ask the Experts!

## Yard Waste

You are urged to "Just Mow It" and leave grass clippings on your lawn. (Mulched clippings act as a natural fertilizer for your lawn.) Yard waste is collected year round on Wednesdays. It includes grass, leaves, small branches and weeds. The material will be taken to a SWACO contracted composting site.

- Yard waste must be in paper bags not to exceed 50 pounds.
- Limbs, branches, tree and shrub trimmings will be collected if they are tied with light twine in bundles no more than 2' x 5'. Tree trunks must be less than 8 inches in diameter. Bundles must weigh less than 50 pounds.
- Sod, dirt and rocks are not yard waste. Follow the trash guidelines for disposal.
- Lumber, landscape timbers and railroad ties are construction debris. Follow the trash guidelines for disposal.
- Christmas trees should be whole. Please remove all decorations, plastic bags and tree stands.



# VETERANS MEMORIAL



Want to honor a family member or friend that has served in the military or is currently in the armed forces?

You can buy a brick at the Gahanna Veterans Memorial Park. The cost is \$25.00 per brick.

A gift recipient certificate is available for an additional \$2.00.

Bricks are placed and dedicated twice per year on Memorial Day & Veterans Day.

If you have any questions, call the City of Gahanna Parks and Recreation Department at 342-4250.

## Buy a Brick at the Gahanna Veterans Memorial Park

**Cost - Only \$25.00 Per Brick (One Brick Per Application)**

*Please fill out the form below:*

Purchaser's Name \_\_\_\_\_ Phone ( \_\_\_\_ ) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**INFORMATION FOR BRICK: (3 LINES - MAXIMUM 16 CHARACTERS PER LINE, with SPACES, PERIODS and ALL OTHER CHARACTERS counted when figuring the total number of 16 characters per line.)**

If you have any questions, please call the Gahanna Parks & Recreation Office at (614) 342-4250.

**One character per block!!!**

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

**BRICK LOCATION REQUEST:** \_\_\_\_\_

☐ Check here and enclose an additional **\$2.00** if purchasing a **Gift Recipient Certificate**. (Be sure to note the name and address the certificate should be mailed to, if different than the purchaser's name/address listed above.)

Mail Certificate To: \_\_\_\_\_ (Name)

Address: \_\_\_\_\_

City: \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Gift Certificate From: (Mr/Mrs/Ms) \_\_\_\_\_

\_\_\_\_\_  
\*List complete Name(s) or Family name

**TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_ .00** \*Make Check Payable To: **City of Gahanna**

**MAIL OR DROP OFF APPLICATIONS TO:** City of Gahanna, Parks & Recreation Department, 200 S. Hamilton Rd, Gahanna, OH 43230

### For Office Use Only:

Brick Location:

(X) \_\_\_\_\_

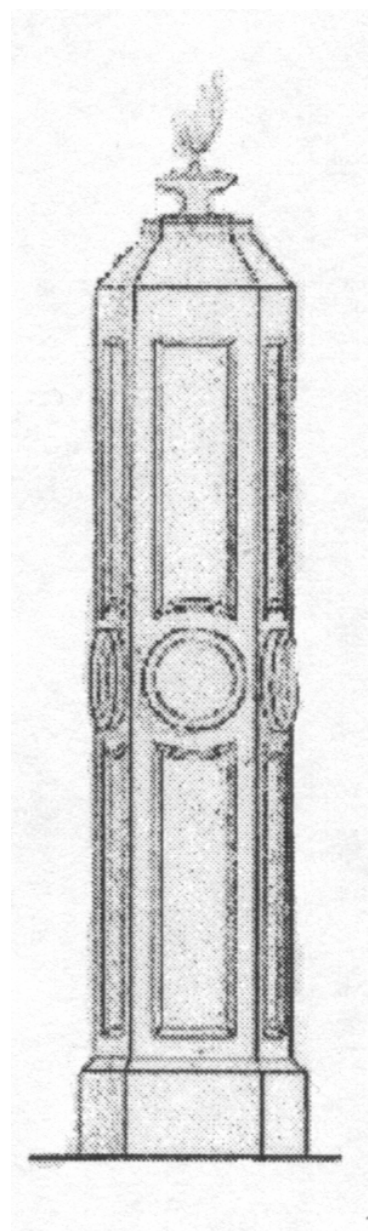
(Y) \_\_\_\_\_

Database Updated: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (Date)

☐ Cash/Check Received (# \_\_\_\_\_ ) ☐ Deposited

☐ Receipt Printed/Mailed \_\_\_\_\_ ☐ On Notepad to Engraver

☐ Certificate Printed ☐ Signed ☐ Mailed \_\_\_\_\_



# EVENTS

614.342-4250 • [www.gahanna.gov](http://www.gahanna.gov)



## Doggie Halloween Party

October 29, 4-6 pm

For dogs and owners alike...dress up your pooch and come out to the dog park in Hannah Farms Park for a dog-gone fun afternoon! Our furry friends will get to trick-or-treat and participate in a costume contest. Prizes will be awarded for the best costume, the best couple (dog and owner), and many more! This event is free and open to all who want to make some Halloween memories with their dog!

## Walk with a Doc

October 1, 8am

What better way to start the weekend than a walk in the park? Join one of the doctors of Clinical Cardiology Specialists, Inc. for a heart-healthy walk Saturday, October 1 at Woodside Green Park. The walk begins at 8am. Walk with a Doc is a free program for everyone interested in taking steps for their health. Enjoy the fresh morning air, the company of friends or family, and the opportunity to meet people and do something good for yourself—by just taking one hour out of your weekend. Plus, while you walk the trails at your own pace, you'll have the opportunity to have questions answered by a cardiologist, medical staff members or other health specialists.



*"I vision.... a first class Community Center anchoring Creekside on the south that serves Gahanna families and senior citizens and is surrounded by green space, athletic fields, bike paths and other outdoor recreation facilities and connected to Olde Gahanna by a pedestrian bridge across Big Walnut Creek at Friendship Park."*

~ H Tim Merkle

*What's YOUR vision?* Tell us on the enclosed survey!

## Gahanna Country Flea Market

September 18, 9:00 am-5:00pm

The Historical Society sponsors the Annual Flea Market with more than 200 vendors gathering in Olde Gahanna to sell their wares to residents and visitors. Crafts, clothing, concessions and more can be purchased at booths sponsored by clubs and organizations from our community and around Ohio. Call Joyce Mahr at 475-2509 for more information.

## Taste of Gahanna

October 13, 6:00-9:00pm

Once again, the Aladdin Shrine Center will be the place to indulge your taste buds as local restaurants serve scrumptious specialty items. The theme of this year's event is "A Taste for All Thyme" which will focus on Gahanna's distinction as the "Herb Capital of Ohio." The categories of competition include: **Best Food Presentation, Best Herb Display, Best Herb Dish, People's Favorite, Best Herb Pizza** and the highlight of the evening, **The Chef's Challenge** judged by a panel of culinary experts. Tickets can be purchased in advance at the Gahanna Chamber of Commerce the week of the event, or you may purchase tickets at the door the evening of the event. Please call the Gahanna Chamber of Commerce at 471-0451 for further information.

## Westie Walk

October 8, 9:00 am

Join the Westhighland White Terrier and their owners for a stroll through our beautiful parks. But don't let the name fool you, this is open to all dogs! The walk will leave from Friendship Park, stroll down to Creekside Park and then back. Registration will begin at 9 am with the walk to begin at 11am. Registration is a donation of \$15 for one dog, with discounts for more than one dog. Visit [www.westiewalk.org](http://www.westiewalk.org) for more information.

## Trick or Treat

October 31, 6-8pm

The City of Gahanna will sponsor Beggars Night on Monday, October 31 from 6-8pm. Please use caution when driving through residential areas as our children will be out and about trick or treating.

## Dog Days of Summer

September 10, 11:00am -2:00pm

Two-legged friends and family had all summer to enjoy the Hunters Ridge Swimming Pool, but now it's time for our furry counterparts to splash around! This afternoon gives your dog a chance to swim, run, and socialize with other dogs. Will your dog be the first to jump off the diving board?

**Where:** Hunters Ridge Swimming Pool,  
341 Harrow Blvd

**Fee:** \$5/dog at the gate

## Parent's Friday Night Out

Ages Kindergarten through 5th Grade

Do you *need* a romantic dinner out on the town? Or do you *really want* to go see a movie without the kids? Parks and Recreation can help you out! We have CPR and First Aid Certified staff to play games, organize activities, and create arts & crafts projects with your kids! At 9 o'clock we will play a movie for the kids so they can sit down and relax. Snacks and drinks will be provided and each night will have a special theme.

**Where:** Golf Course Clubhouse, 220 Olde Ridenour Rd

Class	Date	Time	R/NR
321001-D	F, Nov 4	6:00-11:00pm	\$20/\$30 per family
421001-A	F, Jan 6	6:00-11:00pm	\$20/\$30 per family
421001-B	F, Mar 3	6:00-11:00pm	\$20/\$30 per family
421001-C	F, May 5	6:00-11:00pm	\$20/\$30 per family
421001-D	All four nights		\$60/\$70 per family







# WHAT'S YOUR VISION?

As you look around Gahanna – and dream 10 years into the future - what do you vision our Parks & Recreation needs will be? Do you

see a large indoor Community Center?



Do you want a bike path connecting your neighborhood to the nearest park?



Do you see huge playgrounds?



Are we meeting all our residents' needs?



What about a

Senior Citizen Center?



Have you always thought the parks needed more restroom facilities?

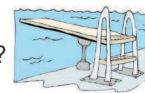


Does your

dog have enough places to run and play?



Are our swimming pools big enough?



What about a place to

cross country ski?



Please tell us! Your vote counts as we plan the next decade of improvements and expansions!

Please fill out the enclosed survey and return it to the Gahanna Parks and Recreation Department any way you can.....

Hand deliver



or mail



it to Gahanna Parks & Recreation Department at 200 S. Hamilton Road (Gahanna, 43230) --

or fax



it to us at (614) 342-4351!

## A vision from our Director.....

A strong parks and recreation department is a foundation of the quality of life that a community offers. As we continue to move forward, we know that this is a very critical time in Gahanna. Budgets are tight and expectations are at their highest. To be successful, we must plan more than ever! We know that there has never been a greater opportunity in Gahanna to be a part of the future. We have started the development of the comprehensive Parks and Recreation Master Plan for the City of Gahanna—VISION 2015. VISION 2015 (Visioning Innovative Strategies In Our Neighborhoods) will be our guide through the next ten years.

VISION 2015 will help give direction to our staff, our administration, and our legislators. Based on public input from residents, business leaders, and recreation participants, it will tell us the public's priorities in the following areas: goals and mission, program successes and needs, capital investments (facilities, land, trails, greenways, and open spaces), and policy administration (land use and development).

Today, you have a fantastic opportunity to strengthen Gahanna. Get involved by sharing your vision for Gahanna Parks and Recreation. Communicate with our staff, our administration, and our council leaders. Let us know what is important to you and your family by completing the survey enclosed in this issue of *The Gateway*.

Visioning the future!

Tony Collins, CPRP  
Director, Department of Parks and Recreation





## Parent/Child Cooking Class—Holiday Treats

*Parent(s) and children ages 5-10*

Amy's classes are the talk of the town, and now grown-ups can share in the fun! If you and your child want to learn some basic cooking skills, learn some simple recipes, or just come and eat the treats, then this class is a must! This class will concentrate on yummy holiday treats...what a fun way to start a new family tradition!

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
420401-A	W, Nov 9	6:00pm	\$35 per pair

## Family Pumpkin Picking

*All are welcome*

Join us as we journey to Circle S Farms to pick the perfect pumpkin! On this trip we will take a hayride, visit the corn maze, slide down the slide in the barn, visit the petting zoo, and of course pick the perfect pumpkin! Ride with us (limit of 28 people) or caravan along...either way it will be a fun-filled fall day! Fees include all of the above, families may choose to purchase food, fall decorations, etc at their own expense.

**Where:** Please meet at Gahanna City Hall  
200 S. Hamilton Road

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
420901-A	SA, Oct 15	Noon -3:00pm	\$10 per person



## Family Cooking Class

*All are welcome*

Woodhaven Farm welcomes us for this yummy and adventurous journey into the "Uncommon Thanksgiving Dinner" (this is a great class for those of you who are fed up with green bean casserole...) Fun for new couples who are still struggling in the kitchen and seasoned families who want to learn a few new tricks, whatever the reason this class will prepare you to awe your friends and family this Thanksgiving and for many Thanksgivings to come! On the menu: appetizers, side dishes, desserts. We will eat what we cook and take home the recipes. Transportation is available for up to 28 people.

**Where:** Please meet at Gahanna City Hall  
200 S. Hamilton Road

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
421001-A	SA, Nov 12	10:00am	\$35/adult; \$10/child



## Family Tree "Hunting"

*All are welcome*

Who hasn't dreamed of hiking through a snowy forest in search of the perfect Christmas tree? This winter Parks and Recreation will help your family make this dream a reality as we journey to Cackler Family Farms where you can hunt for your very own Christmas tree! Take your time picking a tree out of the 17,000 trees on the farm, then experience the thrill of cutting the tree down yourself. At the farm sleds and saws will be provided and all trees will be drilled and bagged for you. Families should meet at Gahanna City Hall and we will caravan to the farm in Delaware, OH. Fees include a 7' pine and access to the entire farm, Nativity scene with live animals, and children's play area. Families may choose to purchase a larger tree or a fir or spruce for an additional fee to be paid at the farm.

**Where:** Please meet at Gahanna City Hall  
200 S. Hamilton Road

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
421101-A	SA, Dec 10	9:30am	\$40 per tree

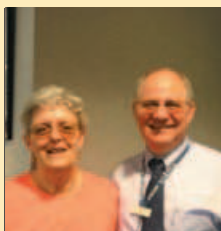
## Creeking with the Family

*All are welcome*

Grab your family and friends and join Mr. Zamora, a 6<sup>th</sup> grade science teacher at Middle School East, in this educational and environmentally friendly Stream Quality Monitoring program. Participants will assess water quality by collecting a number of macro-invertebrates including crayfish, clams, and insect larva. Come prepared to get in the water. All materials are provided by the Rocky Fork Creek Watershed Protection Task Force.

**Where:** Friendship Park Shelter, 150 Oklahoma Avenue

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
421201-A	SA, Sept 24	10:00-11:30am	\$2/\$12 per person
421201-B	SA, Sept 24	10:00-11:30am	\$10/\$20 per family



*"We vision...."* a series of community parks, family oriented, interconnected by walking paths and bike trails allowing citizens to get from one park to the other.

~ Mr. and Mrs. Scharff

*What's YOUR vision?* Tell us on the enclosed survey!

**Fall Adult Golf Lessons**

Jeff Burns returns to squeeze in one more golf session before the snowflakes start to fall! Jeff is the Assistant Golf Professional at Little Turtle Country Club and an enthusiastic and knowledgeable teacher. He concentrates on the individual's golf swing, chipping, and putting through demonstration and lots of practice hitting golf balls! During the last class of this session students will hit the course to play a few holes and learn golf etiquette.

**Ages:** 18 and up

**Where:** Gahanna Golf Course, 220 Olde Ridenour Rd

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
410501-A	M, Sept 12 - Oct 10	7:00-7:45pm	\$90/\$100

(Registration is required)

**Gahanna Golf Course**

220 Olde Ridenour Rd

**Golf Course Supervisor**—Alan Little

**Course Phone** – 614-342-4270

**2005 Membership Rates**

	<i>Resident</i>	<i>Non-Resident</i>
Adult	\$357	\$397
Couple	\$510	\$590
Senior (55 and older)	\$255	\$295
Senior Couple	\$408	\$488
Junior (under 18)	\$255	\$295

**Daily Greens Fees**

<i>Months</i>	<i>September - December</i>
Adult	\$9.00
Junior (under 18)	\$7.00
Senior (55 and older)	\$7.00
Weekend/Holiday	\$9.00
All Golfers	
Additional 9 Holes	\$3.00
All Golfers	

**Equipment Rental**

	<i>Fee</i>
Motor Golf Cart	\$5.00/9 Holes \$10.00/18 Holes
Hand Cart	\$2.00
Golf Clubs	\$5.00

Book your company's outing today – openings still available!

**YOGA CLASSES**

Certified Yoga on High Instructor and Certified Personal Trainer, Sue Johnson, leads these popular classes. Bring a yoga "sticky" mat, two firm blankets, and a tie or strap (unless otherwise noted). Avoid heavy meals prior to class. If you miss one of your classes, you can make it up at ANY of the classes Sue offers.

Have a young child at home? Sue's Yoga on the Ball and Gentle Hatha Yoga classes run at the same time and same place as our great toddler classes! See page 14 for more detail.

**Yoga on the Ball**

Learn useful and therapeutic exercises on the physio-ball (body ball). Movements will strengthen the core body (back and abdominal muscles), stretch the entire body, open the heart, and clear the mind. Learn techniques to keep the spine healthy and prevent back pain. Bring a body ball and yoga "sticky" mat. (Min 10; Max 25)

**Where:** The Sanctuary, 82 N. High Street, Gahanna

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
410101-A	W, Sept 28 - Dec 7*	11:00 am-Noon	\$85/\$95

\*No class on November 23

**Gentle Hatha Yoga**

Learn how this 5000 year old practice can bring strength and flexibility to the spine and muscles of the body, relaxation to the mind, and a sense of peace and calm to your being. The poses and breathing/relaxation techniques will enable you to establish a lifetime home practice to benefit your total health- mind, body, and spirit. Participants should bring a yoga mat or a blanket, wear comfortable clothes, and avoid heavy meals 2 hours prior to the class. (Min 10; Max 25)

**Where:** The Sanctuary, 82 N. High Street, Gahanna

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
410102-A	T, Sept 27 - Dec 6*	10:30-11:30 am	\$85/\$95

\*No class on November 22

**Hatha Yoga ABCs**

Explore the benefits of ASANA (yoga postures) to gently stretch and strengthen the body, BREATH techniques to quietly relax the mind and emotions, and a deep level of CONSCIOUSNESS to be more aware of patterns that will facilitate a healthy spine and a more relaxed and easeful body, mind, and spirit. (Min 10; Max 25)

**Where:** Gahanna Golf Course Clubhouse, 220 Olde Ridenour Road

<u>Class</u>	<u>Level</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
410103-A	Beginner	T, Oct 4 - Dec 13*	5:45-6:50pm	\$85/\$95
410104-A	Advanced	T, Oct 4 - Dec 13*	7:00-8:05pm	\$85/\$95

\* No class November 22, 2005

**Free Yoga Class**

Are you curious about what a beginning yoga class is like? Do you want to expand your yoga practice to a higher level? Meet instructor Sue Johnson and participate in your level of class on September 27. Sign up to reserve your spot (registration required)!

**Where:** Gahanna Golf Course Clubhouse, 220 Olde Ridenour Road

<u>Class</u>	<u>Level</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
410105-A	Beginner	T, September 27	5:45-6:50pm	Free
410105-B	Advanced	T, September 27	7:00-8:05pm	Free

**Visit our website**

[www.gahanna.gov/government/parks/adultsports/](http://www.gahanna.gov/government/parks/adultsports/)

for league schedules, rules, standings, and updates

Call the  
Sports Weather Line  
**342-4256**

(updated by 3:00 pm)

# RECREATION

614.342-4250 • [www.gahanna.gov](http://www.gahanna.gov)



## 2005 Winter Basketball Information

League	Day	Time	Location	Teams per League
Over 18	Sunday	5,6,7, & 8 pm	Gahanna Lincoln High School	8 Teams
Over 30	Wednesday	8:30 & 9:30 pm	Gahanna Middle School East	8 Teams

**\*\* ALL LEAGUE FEES WILL BE \$300 PER TEAM. \$10.00 ADDITIONAL FEE FOR EACH NON-RESIDENT WITH A \$100 MAXIMUM PER TEAM\*\***

**All leagues will begin play the week of November 16, 2005.**

### 1. REGISTRATION PROCEDURES: RETURNING TEAMS ONLY

Turn in a completed roster and all league fees, including \$10.00 for each non-resident on your roster starting on October 3rd. **Deadline for registrations is November 9<sup>th</sup>.** No registrations will be accepted through the drop box. If this procedure is not followed exactly, your registration may not be accepted. Rosters are regularly and randomly checked for residency and eligibility.

### 2. REGISTRATION PROCEDURES: NEW TEAMS ONLY

New teams will be accepted into the leagues on a first come, first serve basis beginning October 17th. All registrations received prior to that will be held. **Deadline for registrations is November 9<sup>th</sup>.** To register, teams must turn in a completed roster and all league fees including the \$10.00 non-resident fee for each non-Gahanna resident on your roster. Your registration will not be accepted if this procedure is not followed exactly. Rosters are regularly checked for residency and eligibility.

3. All rosters are limited to 20 players. Rosters must include all players with their name, address, phone number, and zip code. All players and substitutes must be listed on the roster. **No Exceptions!** If a roster doesn't contain all information it will be considered incomplete.

4. Individuals who wish to be placed on a waiting list should call the office at 342-4250 and every effort will be made to place you.

## 2005 Winter Volleyball Information

League	Day	Time	Location	Teams per League
Women's	Monday	8:30 & 9:30 pm	Gahanna Middle School South	5 Teams
Men's	Thursday	8:30 & 9:30 pm	Gahanna Middle School South	5 Teams
Co-Rec Rec	Sunday	5:00 & 6:00 pm	Gahanna Middle School South	5 Teams
Co-Rec Power	Sunday	7:00 & 8:00 pm	Gahanna Middle School South	5 Teams

**\*\* ALL LEAGUE FEES WILL BE \$250 PER TEAM. \$10.00 ADDITIONAL FEE FOR EACH NON-RESIDENT WITH A \$100 MAXIMUM PER TEAM\*\***

**All leagues will begin play the week of November 16, 2005.**

### 1. REGISTRATION PROCEDURES: RETURNING TEAMS ONLY

Turn in a completed roster and all league fees, including \$10.00 for each non-resident on your roster starting on October 3rd. **Deadline for registrations is November 9<sup>th</sup>.** No registrations will be accepted through the drop box. If this procedure is not followed exactly, your registration may not be accepted. Rosters are regularly and randomly checked for residency and eligibility.

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4. Individuals who wish to be placed on a waiting list should call the office at 342-4250 and every effort will be made to place you.

**Team trophy and individual t-shirts awarded to all team champions!!!**

### Adult Open Gyms

Open gym for basketball, volleyball, and dodgeball for adults will take place on October 3<sup>rd</sup> and run through April 27<sup>th</sup> on each respective day. Participants must be at least 18 yrs of age or older and bring their driver's license each week. Open gyms cost \$2 per visit OR you may purchase a pass for the entire season. Passes may be purchased at the Parks and Recreation office at 200 S. Hamilton Rd. during normal business hours (8am-5pm).

#### Pass Fee:

\$40—Single Pass (basketball, volleyball, or dodgeball)

\$60—Dual Pass (any combination of two open gyms—you must indicate which two at time of purchase)

\$80—Combo Pass (all three open gyms)

#### Over 40 Basketball:

Thursdays, 8:30-10:30pm

Middle School East, 730 Clotts Rd.

#### Dodgeball:

Wednesdays, 8:30-10:30pm

Middle School South, 349 Shady Spring Dr.

#### Volleyball:

Tuesdays, 8:30-10:30pm

Middle School South, 349 Shady Spring Dr.







614.342-4250 • [www.gahanna.gov](http://www.gahanna.gov)

# ADULT FITNESS

## Art for Adults

This class gives beginners of all ages the basic information needed to become a confident and skilled artist. Starting with basic drawing skills, then tailored to each student, for an individual experience in any medium.

Supply list: 11x14 sketchpad, pencil, eraser, and supplies as needed.

**Ages:** 18 and older

**Location:** Ohio Herb Education Center,  
109 W. Johnstown Road

Class	Date	Time	R/NR
410601-A	M, Oct 3 - Nov 28*	6:30-8:30pm	\$90

\* No class October 31



## Belly Dancing

She is still dancing! Join Suzanne Knoblauch as she instructs students how to move to the rhythms of Middle Eastern music as they learn the initial techniques, transitions, hip movements, and more in this dance form that dates from the time of the Pharaohs. All six classes will begin with warm-up exercises and progress into the dance movements, with explanations of the styles. This dance form is a great stress reliever and gives the students the overall positive feeling of themselves. (Min-10, Max-25)

**Ages:** 18 and older

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road

Class	Date	Time	R/NR
410301-A	TH, Sept 22-Nov 3*	5:45-7:00pm	\$69

\* No class on Oct. 20

## Adult Fitness Class

Shelley Edington and her Tumblin 4 Kids staff are ready to take on the "grown-ups" of Gahanna! These classes conveniently coincide with many of the Tumblin 4 Kids classes and many of our new art classes for toddlers...so busy moms and caregivers rejoice; you can exercise while your child participates in his/her own program! Join Shelley and staff for 20 minutes of high intensity, low impact cardio, 15 minutes of stretching and 20 minutes of calisthenics. We will begin with a 5 minute warm-up, stretch for 10 minutes, cardio for 20 minutes and calisthenics for 20 minutes concluding with a relaxing 5 minute stretch and cool-down. A yoga mat, hand towel and water bottle are recommended.

**Ages:** 18 and older

**Where:** The Sanctuary, 82 N. High Street, Gahanna

Code	Date	Time	LR/NR
410701-A	M, Sept 12 - Nov 14	1:00-2:00pm	\$85/\$95
410701-B	W, Sept 14 - Nov 16	10:00-11:00am	\$85/\$95
410701-C	W, Sept 14 - Nov 16	1:00-2:00pm	\$85/\$95
410701-D	TH, Sept 15 - Nov 17	10:00-11:00am	\$85/\$95
410701-E	TH, Sept 15 - Nov 17	1:00-2:00pm	\$85/\$95
410701-F	TH, Sept 15 - Nov 17	2:00-3:00pm	\$85/\$95



## Creative Movement Dance Class

Turn your body into a physically fit poetic instrument in which primal urges, masterful contemplation and whimsical nuances are put into dance. Students will learn basic ballet, jazz, and modern technique and be encouraged to create their own movement sequences as well as learn a short dance sequence the class will learn together. Comfortable dance attire required. (Min 8, Max 25)

**Ages:** 18 and older

**Location:** Gahanna Golf Course Clubhouse,  
220 Olde Ridenour Road

Class	Date	Time	R/NR
410201-A	Th, Sept 22 - Nov 10	7:15-8:15pm	\$35/\$45

## Women's Self Defense Workshop

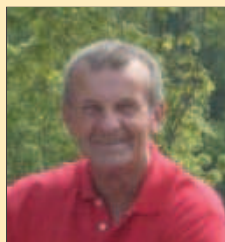
### P.O.W.E.R. (Prevention and Observation with Effective Response) Tools

A unique women's self defense class taught by two couples with accumulated martial arts and law enforcement backgrounds. They have developed a fun hands-on class based on Prevention and Observation with Effective Response Tools. Throughout the course you will learn basic techniques that are very simple and effective as well as have an opportunity to learn how and when to apply pepper spray. P.O.W.E.R. Tools for Women's self defense is designed for all ages and experience levels and is ideal for Mother's and Daughters! You can schedule a P.O.W.E.R. Tool party of your own and learn among friends, or you can sign-up for one of the Gahanna Parks and Recreation programs and make new friends as you acquire valuable tools which may save your life. Call today to set up YOUR POWER TOOLS PARTY! What's in your tool box? (Min 6, Max 20)

**Ages:** 18 and older

Code	Date	Time	Location	R/NR
410401-A	S, Oct 8	6:00pm	Martial Art & Fitness, 100 Morrison Rd, St. A	\$24/\$34
410401-B	S, Nov 12	6:00pm	Martial Art & Fitness, 100 Morrison Rd, St. A	\$24/\$34
410401-C	S, Dec 10	6:00pm	Martial Art & Fitness, 100 Morrison Rd, St. A	\$24/\$34

To schedule a private class: Contact (614)595-4374 or E-Mail @Blklmtom@hotmail.com



*"I vision....* developing more bikeways and pedestrian trails located through the parks and along our streets. I highly recommend taking advantage of the YMCA's many fine programs, especially those related to health and fitness. Even with this excellent YMCA facility I do not see it as the last answer to our community needs. I believe we should begin to plan for a large comprehensive community center similar to the ones in Worthington and Westerville.

~ Raleigh Mitchell

*What's YOUR vision?* Tell us on the enclosed survey!



# BIRTHDAY PARTIES



## Birthday Party Packages

Did you know that the Gahanna Parks and Recreation Department offers Birthday Party Packages for children? We provide comprehensive parties that allow parents to relax and enjoy their child's birthday while we take care of planning, set-up, clean-up, and any last minute details. All parties are facilitated by our Birthday Party Coordinators and include cake, juice, paper products, and decorations. Parties include 60 minutes of fun and 30 additional minutes of cake, juice and opening presents. Party prices accommodate up to 12 children, but space for additional children can be purchased as can add-ons like pizza, ice cream, etc. For more information or to schedule a party please call Ashley Bentz and Kirsten Bailey, our Birthday Party Coordinators, at 342-4250. Ashley and Kirsten are available in the office Monday through Friday from 3-5pm.



## Welcome Ashley and Kirsten!

The Parks and Recreation Department is excited to welcome Ashley and Kirsten as our new Birthday Party Coordinators! Both Ashley and Kirsten joined our team this summer as camp counselors at Camp Friendship, and are excited to continue working with the great kids of Gahanna. Ashley is a graduate of Ohio University where she was an Early Childhood Education major. She is currently substituting for the Gahanna-Jefferson city schools. Kirsten is a graduate of Capital University where she also majored in Early Childhood Education. She has an adorable daughter named Kirnan who is 10 months old.

"We are looking forward to making every child's birthday wish come true!"  
-Ashley and Kirsten

**Schedule your party today !**

**Cost: Resident—\$130, Non-Resident—\$140**

## Available Theme Parties:

### Standard Birthday Party (Ages 3-12)

This package includes basic party games followed by cake, juice and opening of presents. Ask how this package can accommodate your child's interest.

### Dance Party Package (Ages 3-12)

Party like it's your birthday! Dance and sing to your favorite tunes while having a jammin' good time.



### Buggy Birthday Party (Ages 3-5)

Buzz! Buzz! Buzz! Your little critter will be a busy bee flying around from one activity to another.

### Princess Birthday Party (Ages 3-12)

Make your birthday girl be a Princess for a day! Princesses and Princes will enjoy the royal treatment.

### Fear Factor Birthday Party (Ages 5-12)

Fear is NOT a factor in this challenging and gooey party. Guests should expect to get messy and have lots of fun!

### Magical Birthday Party (Ages 5-12)

Calling all Wizards! Harry Potter fans will love mixing potions, casting spells, and having magical fun.

### Mystery Birthday Party (Ages 5-12)

Scoby-Doo and the gang need your help! Prepare to be puzzled and stumped as guests search for clues to solve a birthday mystery.



*"I vision....* the City of Gahanna and Parks & Recreation establishing a community where families will want to live, work & play by creating a lifestyle that brings everyone together and forms a community of one.

~ Rob Matney, RSS

*What's YOUR vision?* Tell us on the enclosed survey!



614.342-4250 • [www.gahanna.gov](http://www.gahanna.gov)

# TODDLER

## Tumblin 4 Kids

The enthusiastic Shellie Edington and Nikki Gant lead this motivational tumbling/gymnastics class for children ages 2-12. Divided into four age groups, the children are able to learn proper stretching, tumbling, and apparatus skills. Activities and lessons are individualized and personalized to help each and every child reach their full potential. Join Shellie and Nikki as they start your child on the path to physical fitness. Visit Tumblin 4 Kids at their website for instructor bios and weekly lesson plans!

[www.tumblin4kids.com](http://www.tumblin4kids.com)

**\*\*\*NEW\*\*\*Tumble n' Dance Combo Classes**—Miss Shellie adds another fun class to her line-up! Students will learn the basic fundamentals of gymnastics, ballet and jazz. Classes run for an hour and include: kid yoga, creative cardio movement and lots of fun! The classes are quick paced for young attention spans!

**Where:** Gahanna Golf Course Clubhouse, 220 Olde Ridenour Road **OR**  
The Sanctuary, 82 N. High Street, Gahanna

### Tumble Tots – Ages 2-3 (10 weeks)

Class	Dates	Time	R/NR	Max	Location
400101-A	M, Sept 12-Nov 14	9:00-9:30am	\$57/\$67	6	The Sanctuary
400101-B	M, Sept 12-Nov 14	10:00-10:30am	\$57/\$67	6	The Sanctuary
400101-C	M, Sept 12-Nov 14	2:00-2:30pm	\$57/\$67	6	The Sanctuary
400101-D	W, Sept 14-Nov 16	9:00-9:30am	\$57/\$67	6	The Sanctuary
400101-E	W, Sept 14-Nov 16	2:00-2:30pm	\$57/\$67	6	The Sanctuary
400101-F	W, Sept 14-Nov 16	5:00-5:30pm	\$57/\$67	6	Golf Course Clubhouse
400101-G	TH, Sept 15-Nov 17	9:00-9:30am	\$57/\$67	6	The Sanctuary

### Tumble Tykes – Ages 3-4 (10 weeks)

Class	Dates	Time	R/NR	Max	Location
400102-A	M, Sept 12-Nov 14	9:30-10:00am	\$57/\$67	8	The Sanctuary
400102-B	M, Sept 12-Nov 14	11:00-11:30am	\$57/\$67	8	The Sanctuary
400102-C	W, Sept 14-Nov 16	9:30-10:00am	\$57/\$67	8	The Sanctuary
400102-D	W, Sept 14-Nov 16	5:30-6:00pm	\$57/\$67	8	Golf Course Clubhouse
400102-E	TH, Sept 15-Nov 17	9:30-10:00am	\$57/\$67	8	The Sanctuary
400102-F	TH, Sept 15-Nov 17	11:30am-Noon	\$57/\$67	8	The Sanctuary

### Tumble Kids – Ages 4-6 (10 weeks)

Class	Dates	Time	R/NR	Max	Location
400103-A	M, Sept 12-Nov 14	10:30-11:00am	\$57/\$67	8	The Sanctuary
400103-B	M, Sept 12-Nov 14	11:30am-Noon	\$57/\$67	8	The Sanctuary
400103-C	TH, Sept 15-Nov 17	11:00-11:30am	\$57/\$67	8	The Sanctuary

### Tumble Kids – Ages 7-12 (10 weeks)

Class	Dates	Time	R/NR	Max	Location
400104-A	W, Sept 14-Nov 16	8:00-8:30pm	\$57/\$67	8	Golf Course Clubhouse

### Tumble & Dance Combo – Ages 3-4 (10 weeks)

Class	Dates	Time	R/NR	Max	Location
400105-A	M, Sept 12-Nov 14	1:00-2:00pm	\$100/\$110	8	The Sanctuary
400105-B	W, Sept 14-Nov 16	6:00-7:00pm	\$100/\$110	8	Golf Course Clubhouse
400105-C	TH, Sept 15-Nov 17	1:00-2:00pm	\$100/\$110	8	The Sanctuary

\*Required Dress Code—Please wear a pink leotard, white tights and white criss-cross gymnastic shoes. All items may be purchased for around \$35 at Opening Night, 163 Granville St., Gahanna (614-337-9733). Receive a “Back to Dance” 10% off coupon when you enroll at the Gahanna Parks and Recreation office.

### Tumble & Dance Combo – Ages 4-6 (10 weeks)

Class	Dates	Time	R/NR	Max	Location
400106-A	W, Sept 14-Nov 16	11:00am-Noon	\$100/\$110	8	The Sanctuary
400106-B	W, Sept 14-Nov 16	1:00-2:00pm	\$100/\$110	8	The Sanctuary
400106-C	W, Sept 14-Nov 16	7:00-8:00pm	\$100/\$110	8	Golf Course Clubhouse
400106-D	TH, Sept 15-Nov 17	2:00-3:00pm	\$100/\$110	8	The Sanctuary

\*Required Dress Code—Please wear a pink leotard, white tights and white criss-cross gymnastic shoes. All items may be purchased for around \$35 at Opening Night, 163 Granville St., Gahanna (614-337-9733). Receive a “Back to Dance” 10% off coupon when you enroll at the Gahanna Parks and Recreation office.

## Coming in November – WeJoySing (Ages birth - 5 years)

Come and share the joys of learning, playing, and making music with your child. “Heart Strings” is an early childhood music and movement enrichment program where together, you and your child, newborn through age 5, develop a repertoire of delightful traditional children’s folk songs, nursery rhymes and games. Essential early childhood skills are nurtured and innate musical intelligence is refined as you joyfully share, explore, and integrate these activities into your child’s daily life. WeJoySing offers research based developmentally appropriate classes for your child. Class size is limited to assure quality interaction with you and your child. Come play with us! For Information and to register call WeJoySing at 614-868-0107, toll free 1-877-299-8138 or Gahanna Parks & Recreation 614-342-4250.

## Fabulous Fine Arts

Join art instructor Juli Hess during the fall session of her continuing fine arts program. Beginners to more advanced students will learn how to draw and paint realistically using simple lines and shapes. Colored pencils, acrylics, and watercolors will also be used to round out your young artist’s experience. There will be a new project to take home every night for your gallery. Please bring an 11” x 14” drawing tablet, artist pencils, and an eraser.

**Age:** 6 & Up

**Where:** Golf Course Clubhouse,  
220 Olde Ridenour Rd

Class	Date	Time	R/NR
401201-A	M, Oct 3 - 24	4:00-5:30pm	\$40/\$50
401201-B	M, Nov 7 - 28	4:00-5:30pm	\$40/\$50

## Art for Tots

Join Miss Amy as we push up our sleeves and get messy and creative! This hands-on program designed specifically for toddlers will help your little Picasso learn colors and shapes while having a great time creating fun projects. Please bring a smock or wear grubby clothes.

**Ages:** Pre-elementary tots

**Where:** The Sanctuary, 82 No. High Street, Gahanna

Class	Dates	Time	R/NR
401101-A	TH, Sept 8-29	10:00-11:00am	\$55/\$65
401101-B	TH, Oct 6-27	10:00-11:00am	\$55/\$65

**\*\*\*Moms and Caregivers...try our Adult Fitness Class same time, same place! See page 10 for details!**

## Art for Little Ones

Preschoolers will love this class designed to teach children ages 3-5 how to draw using simple shapes, storybook characters, and color. Small crafts will give your child a fun experience in art. All supplies are included in the fee.

**Ages:** 3-5

**Where:** The Sanctuary, 82 N. High Street, Gahanna

Class	Dates	Time	R/NR
401102-A	T, Oct 4 - 25	11:00am-Noon	\$55/\$65
401102-B	T, Nov 1 - 29 *	11:00am-Noon	\$55/\$65

\* No class on Nov. 22







## Kid's Yoga

In today's mechanized world, kids need to exercise to develop a healthy body and mind. Yoga works the whole body. It promotes strength, coordination, good posture, and flexibility. It teaches children how to concentrate, relax, and be quiet. Above all, it is a gentle, noncompetitive form of exercise that is FUN!

**Where:** Golf Course Clubhouse,  
220 Olde Ridenour Rd

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
401301-A	W, Oct 5 - Nov 2	3:50-4:50pm	\$50/\$60

## Kids Cooking Club

After a fun-filled summer cooking tasty treats, Amy is ready to start the fall off on a delicious note! Amy welcomes students who want to try some basic cooking skills, learn some simple recipes, or just eat the treats! For four weeks the kids will explore the kitchen while making their own recipe book to keep. Each week is different, so sign up for all of them or chose one or two! This fall we will whip up breakfast, lunch, dinner, and dessert (in that order). Max 12 participants.

**Ages:** 4 - 10

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road.

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
400901-A	W, Sept 28-Oct 19	6:00-7:00pm	\$15 per class
400901-B	W, Sept 28-Oct 19	6:00-7:00pm	\$55 all 4 classes

## Fall Baton Lessons

Gahanna Twirlers get excited...Miss Krista is going to twirl, march, and dance through the fall and winter! Don't miss a step as we offer baton for the first time through the chilly Ohio fall and winter. Miss Krista will lead the action inside of our Golf Course Clubhouse where it stays nice and warm. Participants must provide their own baton and wear athletic shoes and loose, comfortable clothing. Fees include t-shirt.

**Where:** Golf Course Clubhouse, 220 Olde Ridenour Rd

<u>Class</u>	<u>Level</u>	<u>Dates</u>	<u>Time</u>	<u>R/NR</u>
400501-A	Beginners up to 6 years	Th, Sept 22-Nov 10	5:00-5:30pm	\$55/\$65
400501-B	7-9 years	Th, Sept 22-Nov 10	5:30-6:00pm	\$55/\$65
400501-C	9 years and up	Th, Sept 22-Nov 10	6:00-6:30pm	\$55/\$65
400501-D	Advanced	Th, Sept 22-Nov 10	6:30-7:00pm	\$55/\$65

## Fall Child Golf Lessons

Jeff Burns returns to squeeze in one more golf session before the snowflakes start to fall! Jeff is the Assistant Golf Professional at Little Turtle Country Club and an enthusiastic and knowledgeable teacher. He concentrates on the individual's golf swing, chipping, and putting through demonstration and lots of practice hitting golf balls! During the last class of this session students will hit the course to play a few holes and learn golf etiquette.

**Ages:** 7-17

**Where:** Gahanna Golf Course,  
220 Olde Ridenour Rd

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
400401-A	M, Sept 12-Oct 10	6:00-6:45pm	\$90/\$100

## Archery

Archery is the sport of millions! It is a unique sport that can be enjoyed by virtually anyone regardless of age, gender, size, physical ability or previous experience. Archery instills confidence and greater attention span in participants. Participants will learn from a trained and certified archery instructor. Equipment will be provided for on-site use. (Min 5, Max 10)

**Ages:** 12 and up

**Where:** Friendship Park,  
150 Oklahoma Avenue

<u>Class</u>	<u>Date</u>	<u>Time</u>	<u>R/NR</u>
400701-A	M, Sept 19-Oct 17	6:00-7:00pm	\$40/\$50



*"I vision....* I vision a city with a healthy environment in which my son and other children can play safely, and be able to participate in a wide variety of recreational activities.

~ Anne Schoo

*What's YOUR vision?* Tell us on the enclosed survey!

**BIRTHDAY PARTY  
PACKAGES ARE AVAILABLE —**

SEE PAGE 13 FOR THEMES AND PRICING!



## Winter Camp

Does your child have a case of cabin fever? Or maybe you need to complete some last-minute holiday shopping? If any of the above applies to you and your family, Winter Camp will make you smile! Come join our fantastic Summer Camp Friendship staff for eight days of winter wonderland fun. Winter Campers will take a trip every day in this high-energy mini-camp environment. Space is VERY limited...we will take 26 campers each day so be sure to register in advance. Per session fee listed next to each date.

**Ages:** 5-12

**Where:** Gahanna Golf Course Clubhouse, 220 Olde Ridenour Rd

**Hours:** 9:00 am – 3:00 pm



**December 19**—Willy Wonka & The Chocolate Factory—We're taking a journey to the Capitol Theatre to see the LIVE version of this children's classic! Cost—\$30/\$40 (440901-A)

**December 20**—Ice Skating at the Columbus Zoo—Campers can skate their way to a great time and visit the open animal exhibits. Cost—\$30/\$40 (440901-B)

**December 21**—Woodhaven Farm—Campers will cook up holiday treats from many different traditions and cultures! Cost — \$30/\$40 (440901-C)

**December 22**—Tree Cutting at Cackler Family Farms—Join us as we travel to Delaware, OH to find and cut the "perfect" Charlie Brown Christmas Tree! Campers will get to bring their trees home to share with the family. Cost — \$30/\$40 (440901-D)

**December 27**—COSI—Stretch those brain muscles as we explore COSI from top to bottom. Cost — \$30/\$40 (440901-E)

**December 28**—Bowling—Test your skill while enjoying the bumpers! Bowling is always more fun when you're guaranteed to do well. Cost — \$30/\$40 (440901-F)

**December 29**—Movie Time—Lots of fun kid's movies are coming out this winter, we'll pick an amazing (and age appropriate) movie to go see at Easton Town Center. Cost — \$30/\$40 (440901-G)

**December 30**—New Year's Party—We will "glam out" the Clubhouse for our very own party to ring in the New Year! Cost — \$30/\$40 (440901-H)



## NFL Flag Football (ages 6-14)

Welcome to the i9Sports Youth Flag Football 2005 Fall Season. A new and exciting league that will provide fun and skill development for boys and girls ages 6-14 of all skill levels. Anyone can play! NFL Flag Football has been created to help become part of a well-organized national program emphasizing football education, participation and sportsmanship.

**League:** Season begins Sunday September 18<sup>th</sup> and ends November 20<sup>th</sup>. There will be 8 weeks of regular season with one week of practice (not penalized if you miss practice) and one week of playoffs for a total of ten weeks.

**Equipment:** All registered players receive Official NFL Flag Football Jerseys and flag belts, plus footballs for each team.

**Officials:** Certified officials for all games.

**Awards:** All players receive an Official NFL Certificate of Excellence. Individual awards are presented to division champions

**Registration:** Easy-to-use online registration for players and parents at [www.i9sports.com](http://www.i9sports.com).

**Interactive Website:** Awesome interactive website with schedules, rules, standings, team/player statistics and news articles. Also, includes an Informative E-newsletters featuring league and team news.

**Location:** Middle School South

**League Format:** Play is 5 on 5 with no contact allowed. **EVERYONE GETS TO PLAY, EVERY WEEK.** There are approximately 10 players per team, which are organized into four divisions according to age and sex (with some modifications, as necessary). The groupings are:

Leagues	Fees
Boys and Girls ages 6-8	\$90
Boys and Girls ages 9-11	\$90
Girls ages 12-14	\$90
Boys ages 12-14	\$90

Please call the Gahanna Parks and Recreation Department at 342-4250 with any additional questions. Registrations should be completed online at [www.i9sports.com](http://www.i9sports.com)



*"I vision....* advancing innovation in order to build a better community."

~ Jeff Carson

*What's YOUR vision?* Tell us on the enclosed survey!



# TEEN *Zone*

## What's fun *this fall?*

### Teen Multi-Sport Open Gym

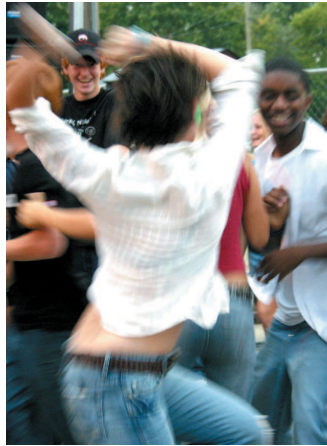
Open gym for basketball, volleyball, and dodgeball for teens will take place on October 3<sup>rd</sup> and run through April 27<sup>th</sup> on each respective day. Participants must be at least 13 yrs of age or no older than 18—no High School graduates please. Those students under 18 years of age must bring a completed waiver form to the open gym signed by a parent or guardian. Open gyms cost \$2 per visit OR you may purchase a pass for the entire season. Passes may be purchased at the Parks and Recreation office at 200 S. Hamilton Rd. during normal business hours (8am-5pm). Minor Release forms may also be picked up at our office.

**Teen Multi-Sport**  
**Sundays, 6:00-8:00pm**  
Gahanna Lincoln High School

TEEN GOLF LESSONS - Page 15

### Gahanna Youth Council

The Parks & Recreation office, along with a community coalition representing the schools, faith community, YMCA, and local businesses, is looking for young adults entering grades 7 through 12 to get involved in a great new program. The Gahanna Youth Council will empower teens in the community and make their voices heard in positive and constructive ways...we'll also have a lot of fun! If you are interested in being a member of the Council or just want to find out some more information please call Abbey Brooks at 342-4252 or e-mail Abbey at [abbey.brooks@gahanna.gov](mailto:abbey.brooks@gahanna.gov).



### Archery Class

Archery is the sport of millions! It is a unique sport that can be enjoyed by virtually anyone regardless of age, gender, size, physical ability or previous experience. Archery instills confidence and greater attention span in participants. Participants will learn from a trained and certified archery instructor. Equipment will be provided for on-site use. (Min 5, Max 10)

**Age:** 12 and up  
**Where:** Friendship Park,  
150 Oklahoma Avenue

Class	Date	Time	R/NR
400701-A	M, Sept 19-Oct 17	6:00-7:00pm	\$40/\$50

### Dates to Know!

- September 26**—Homecoming Parade, Jefferson Elementary to High School, 6:30pm
- 30**— Homecoming Football Game vs. Upper Arlington, GLHS Stadium, gates open 6:15pm
- October 1**— Homecoming Dance, Front Gym, 8:00pm
- 22**— ACT testing, A-Building classrooms, 8:00am
- 23**— Choir Concert, GLHS Auditorium, 3:00pm
- 25**— Marching Band Pops Concert, GLHS Front Gym, 7:30pm
- November 4**— Fall Blood Drive, GLHS, 7:30am-2:00pm
- 15**— Student Council Open Mic Night, GLHS Cafeteria, 6:30pm
- 17**— District Orchestra Concert, GLHS Auditorium, 7:30pm
- December 11**— Winter Choir Concert, GLHS Auditorium, time TBD
- 16**— Holiday Marathon, GLHS classrooms, 7:35am-2:50pm
- 17**— Speech and Debate Tournament, GLHS Auditorium, 7:45am-4:00pm







614.342-4250 • [www.gahanna.gov](http://www.gahanna.gov)

# HERB CENTER

## Reflexology

Reflexology is an ancient form of holistic treatment with links to Egyptian, Chinese, Japanese, and Indian culture. It stimulates nerve connections in the sole of the foot to balance and restore energy to various organs in the body. Join Jane Ghaemi as she leads us in a reflexology demonstration and lecture.

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road.

Class	Date	Time	R/NR
450101-A	W, Sept 7	7:00pm	\$16

## Healthy Living Series

Dr. Tony Blevins, Clinic Director "Health First Chiropractic," will be teaching several classes on how to live a longer, healthier life. He is licensed by the State of Ohio and National Board of Chiropractic Examiners. Dr. Blevins has lectured at a variety of schools, clubs, and health organizations. Join him in exploring ways to be happy and healthy this summer!

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road.

**Session 1:** Get It Straight! Learn five key steps for a longer healthier life.

Class	Date	Time	R/NR
450102-A	M, Sept 26	7:00pm	\$16

**Session 2:** Stress Management

Class	Date	Time	R/NR
450102-B	M, Oct 17	7:00pm	\$16

**Session 3:** Battling Arthritis

Class	Date	Time	R/NR
450102-C	M, Nov 28	7:00pm	\$16

## Herb Safety

Do you like the idea of using herbs as natural remedies, but wonder how safe they are? Then join Dr. Bella Mehta, Assistant Professor in Clinical Division of Pharmaceutical Practice and Administration from the College of Pharmacy at OSU. Dr. Mehta will discuss herb safety and the role of the pharmacist.

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road.

Class	Date	Time	R/NR
450103-A	T, Oct 11	6:30pm	\$17

## Coming Soon!

For more information about our "Coming Soon" classes, please contact either the Ohio Herb Education Center at 614-428-9255 or the Parks and Recreation Office at 614-342-4250.

### Executive Chef Josh Yosick

Chef Yosick's career began in 2000 as a line cook for the Cameron Mitchell Restaurants. He was soon promoted to Sous Chef and has been a Chef for the last four years. He has worked at Martini Italian Bistro on Polaris parkway and also in Louisville, Kentucky. Chef Yosick is now located at the Gahanna Cap City where he is the Executive Chef. He joins the Ohio Herb Education Center again this fall to teach a mouth-watering class. Bring your appetite, because you get to eat the meal you prepare! **Look for Chef Yosick's class this November!**

### Executive Chef Bruce Stickel

Bruce resides in Gahanna and enjoys teaching in Gahanna. As an Executive Chef for Giant Eagle, Bruce has gained experience in all facets of cooking. He joins the Ohio Herb Education Center this fall to teach one mouth-watering class. Bring your appetite, because you get to eat the meal you prepare! **Look for Chef Stickel's class late November, early December!**

### Entertaining Made Fun

Gahanna resident Edie Hall has always loved to entertain, whether it is for 100 people, or a small, informal gathering of close friends. Edie is the author of *In the Kitchen with Oma*. Gourmet and novice cooks alike will find inspiration and exciting ideas here! Participants will get to observe and taste. **Look for Edie's class this October!**

### Wilda Matheny

As all Gahanna cooking enthusiasts know, Wilda is not only a resident of Gahanna, but a long-time instructor at the Ohio Herb Education Center. Join us as she continues to tempt out our taste buds yet again! **Look for Wilda's class this October!**

## Eggs Aren't Just for Breakfast

Remember Grillin' and Chillin'? Well, Patty and Tom Miller are with us again. Patty spends her time working at William Sonoma and Macy's. She also reviews for Farm Science Review and is a volunteer at the Herb Center. The menu will include:

- Crème Brulee
- Deviled Eggs with Assorted Topping
- Quiche
- Frittata
- Egg Omelet

**Where:** Ohio Herb Education Center, 109 W. Johnstown Road.

Class	Date	Time	R/NR
450104-A	TH, Sept 15	6:30pm	\$28
450104-B	TH, Oct 20	6:30pm	\$28

## Crazy for Quiche

Join Sue Roy, graduate of Otterbein and 25 year resident of Westerville, as she dishes up some amazing quiche! Sue was the quiche and salad chef at The Well-Tempered Quiche in Westerville. She will be sharing her secrets to making the perfect quiches and salads.

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road.

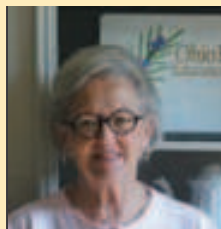
Class	Date	Time	R/NR
450105-A	M, Oct 10	7:00pm	\$28
450105-B	M, Nov 7	7:00pm	\$28

## City Barbeque

Frank Pizzo, general manager of City Barbeque in Gahanna, will lead this class through the intricacies of the herbs and spices that make City Barbeque's food so tasty! He will also discuss the history of the company. Participants will meet at the Ohio Herb Education Center and then be driven to the restaurant where they can order from a special menu (food included in fee) and listen to Frank's talk.

**Where:** Ohio Herb Education Center,  
109 W. Johnstown Road.

Class	Date	Time	R/NR
450106-A	W, Oct 26	6:00pm	\$8



"I vision.... that the Ohio Herb Education Center will be a successful part of Gahanna's Parks and Recreation Department and that Gahanna remains an attraction for herb enthusiasts as we are the Herb Capital of Ohio."

~ Bonnie Geroux

What's YOUR vision? Tell us on the enclosed survey!



# SENIOR CENTER



Please register for all Senior programs in person at the Senior Center (480 Rocky Fork Boulevard).

## Senior Center Program Info

### General Information

The Gahanna Senior Center, located at 480 Rocky Fork Boulevard, is a multi-purpose facility open to all senior adults ages 55 and over. The Center offers a wide variety of programs and services in such areas as recreation, education, health and human services, physical fitness, community programs as well as many volunteer opportunities. The Center's annual membership fee is \$10 for residents and \$15 for non-residents.

The primary goal of the Gahanna Senior Center is to provide programs and services to senior adults to help them remain active, independent, and contributing citizens within the community.

For further information on programs and services, you may contact the Gahanna Senior Center at 342-4265 or stop by Monday-Friday between the hours of 8:30 a.m. – 4:30 p.m.

### Lifecare Meals

A hot lunch program for Gahanna residents 60 years old or older is offered Monday-Friday at Stygler Village at 12:15 p.m. Please make reservations one day in advance by calling 278-3152. Meals on Wheels are also available by calling 278-3152.

### Health Check

Sponsored by the Franklin County Board of Health, this program provides preventive checks to help you maintain your health. No fee is charged for this service.

Hours are from **9:00 a.m.-12:30 p.m.** on the following dates: **September 12 & December 12.**

Cholesterol Testing will be offered at 8:30 a.m. on the above dates by appointment only. The cost is \$20. A 12-hour fast is required. Please call 342-4265 for appointment.

### COTA Mainstream

Transportation for medical appointments and social and recreational activities is available for the handicapped through this program. An application is necessary. Call 275-5828.

### Hearing Aid Check and Clean

Robert Miller, with Avada, Audiology & Hearing Care, is offering hearing checks, hearing aid care and cleaning at the Center on the **last Wednesday of each month beginning at 1:00 p.m.** Appointments are necessary. Please call 342-4265.

### Options for Elders

Information about Franklin County programs and services, including alternatives to nursing home care for those ages 60+, call 462-6200.

### Homesharing, Inc.

Homesharing, Inc., a non-profit organization, matches individuals who have extra space in their homes with others who need housing. Each match must involve at least one person who has a disability or is 55 or older. For more information or to apply with Homesharing, Inc., please call 221-HOME (221-4663), **Monday-Friday, from 9:00 a.m.-5:00 p.m.**

### Information and Referral Services

Available **Monday-Friday from 8:30 a.m. – 4:30 p.m.** at the Senior Center. Assistance will be offered in helping you make contacts with the appropriate agency for your needs.

### Retired and Senior Volunteer Program (R.S.V.P.)

A national program, funded by Congress, places seniors ages 55 and older into meaningful volunteer opportunities in the community. Contact 221-6766, ext. 112, to obtain an application.

### OSHIIP Ohio Senior Health Insurance Program

Bronwyn Ginty will be available the **4th Friday of each month** to answer questions about Medicare, Medicare Supplements and HMO's, Medicaid, long-term care insurance, and home health care insurance. Please call 342-4265 for an appointment at the Center.

### Grief Support Group

Heartland Hospice will offer a "Growing Through Grief" support group on Wednesdays October 19th, November 16th and December 21st from 1:00 - 3:00 p.m. at the Senior Center. The focus will be on grief and the holidays, as well as general discussion of the grief process. Sarah Griffen, M.S.N. Bereavement Coordinator at Heartland Hospice will lead the group. Anyone experiencing the loss of a loved one is welcome to attend. Please call 840-9856 for further information or questions.



## Special Programs

### AARP 55 Alive Driving Class

**September 17 and 24, Noon**

Sharpen your driving skills and maintain your independence through this important class. Cost is \$10 (Check only to AARP). Register at the Center.

### Pot Luck and Project Interact

**October 5, November 2, December 7**

Plan now to join us for a delightful and educational program presented by Gahanna-Jefferson school-aged students and enjoy a delicious pot luck feast prepared by the senior citizens. Truly a rewarding experience for everyone. Please register.

### Senior Health Awareness Screening

**November 9, 1:00 – 4:00 p.m.**

Join us for the Franklin County Board of Health Flu Shots and Health Awareness Day sponsored by Buckeye Home Health Services. Nutrition information, hearing and vision screening, blood pressure checks, and more.

### Record Your Living Will

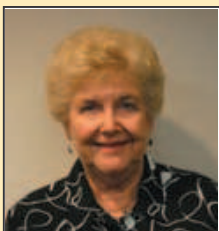
**September 15, 12:30 p.m.**

The Franklin County Recorder's Office will give a presentation on the advantage of having Living Wills recorded and Health Care Power of Attorney. Forms will be available if you need them. Please register.

### Beginning Computer Class

**October 17, 1:00–3:00 p.m.**

Beginning Computer Class using Senior Center laptop computers. Cost \$15. Limited to 8 participants. Pre-class meeting on October 10th at 1:00 p.m. Please register at 342-4265.



*"I vision....* a multi use recreation building which will include a Senior Center as well as space for safe and secure recreation for all ages. Additionally, for the golf course to be improved upon by adding black top cart paths on all holes.

~ Melba Bosse

*What's YOUR vision?* Tell us on the enclosed survey!



# SENIOR PROGRAMS

Please register for all Senior programs in person at the Senior Center (480 Rocky Fork Boulevard).

## Aerobics

Low impact aerobics will be held *Tuesdays at 9:15 a.m.* This class has easy-to-follow routines, light muscle conditioning and flexibility exercises. Cost is just \$3 per class.

## Art Classes

Classes held *Tuesdays from 9:30 a.m. - Noon.* Cost is \$2 per class. Instructor: Jean Langkamp.

## Ballroom Dance

Held from *11:00 a.m.-noon each Friday* at the Center. Instructor: Betty Goodyear. Please register. Check with the Center about beginning lessons.

## Basic Line Dancing

Basic only line dance classes will be held on *Wednesdays, September 7 through November 2 from 9:00-10:00 a.m.* Cost \$20. A minimum of six must be registered for this class. Instructor: Phyllis Mondlak.

## Bingo

Played the *last Wednesday of each month at 1:00 p.m.* and the *2<sup>nd</sup> Thursday at 7:00 p.m.* Cost is \$2 per person. Sign up at the Center.

## Blackjack

Played at the Center on the *1<sup>st</sup> Monday of each month at 7:00 p.m.*

## Book Review Group

This group meets at the Center on the *3<sup>rd</sup> Monday of each month at 3:15 p.m.* for an informal discussion.

## Party Bridge

Played at the Center *each Monday from 12:30-3:00 p.m.* and *each Wednesday evening at 7:00 p.m.*

## Calligraphy

This fun class meets *each Thursday at 12:30 p.m. beginning September 22.* Instructor: Sandy Mundy. Please register.

## Ceramics

Complete the project of your choice during class, held *each Friday at 10:00 am* and *Tuesday at 1:00 p.m.*

## Craft/Sewing Projects

Held *each Monday from 10:00 a.m.- 1:00 p.m.* Work on craft/sewing projects. New ideas welcome.

## Creative Cards

Join artist Jean Langkamp the *second Monday of each month at 10:00 a.m.* to create your own Holiday and greeting card. \$1 donation for materials. Please register.

## Duplicate Bridge

Played at the Center *each Friday beginning at 12:30 p.m.* and the *second Saturday of each month at 12:30 p.m.*

## Euchre

Played at the Center *each Tuesday from 12:30-3:00 p.m.*

## Kitchen Band

Meets *each Tuesday at 10:15 a.m.* at the Center. No talent needed, just people who want to have fun!

## Line Dance

Performance group meets from *9:30-10:30 a.m.* and second class meets from *10:45-11:45 a.m. each Monday.* Instructor: Phyllis Mondlak.

## Lite Lunch

*Last Wednesday of the month at Noon.* Cook's choice. Call for a reservation and menu. Cost \$1.

## Mens Coffee Club

Meets at the Center at *10:00 a.m. each Thursday morning beginning September 1* for a morning of fellowship. Coffee and donuts will be served. Bring a hobby to share. No reservation necessary.

## Pinochle

Enjoy an afternoon of Pinochle *each Thursday beginning October 13 at 12:30 p.m.* The first few weeks will be instructions. No partner needed.

## Poker

Played at the Center *each Thursday at 12:30 p.m..*

## Quilting Guild

This program, which includes hand quilting on frames, is held *each Wednesday at 9:00 a.m.*

## Roaring Lions Lunch

Team Luncheon held at the Center on the *2nd Friday of each month at 12:15pm.*

## Service Projects

Help our volunteers make lap robes, bed rolls, baby blankets, bibs, etc. for the needy. They meet *each Wednesday at 12:30 p.m.* in the Craft Room.

## Tai Chi

Join coordinator Dorothy Gill, and learn the beautiful, fluid movements of Chang style Tai Chi. Improve your balance, coordination and sense of well being *each Thursday beginning September 8 from 10:00-11:00 a.m.* No fee.

## Table Tennis

*Mondays and Thursdays, 3:30 p.m.* Advanced and Beginner players welcome.

## Tap Dance Class

Fred Astaire, Ginger Rogers ... and you! Join us *each Wednesday from 10:00-11:00 a.m.* Instructor: Charlotte Braun.

## Tripoley

Join the fun on the *third Wednesday of each month at 7:00 p.m.* for an evening of Tripoley. Come and play or just watch. Bring your pennies!

## Water Color Quilting

Class is held *each Monday at 1:00 p.m.* Please join us. Instructor: Judy Rollenhagen.

## Yoga

Take charge of your life. Feel better physically, mentally, emotionally and spiritually. Cost is \$20 for a four-week session, paid to instructor Sue Johnson. Classes are held *each Friday at 9:15 a.m.* Must be picked up registration forms at the Center.



## Gahanna Garnet Gem's Red Hat Events

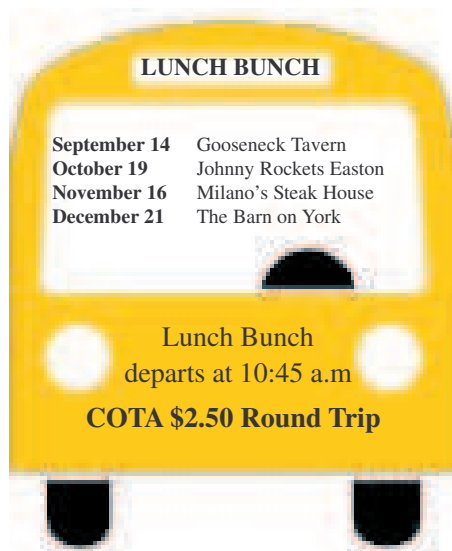
*September 8, 6:30 p.m.*  
Scioto Downs Trip

*October 25, 11:30 a.m.*  
Longhorn for lunch, Marshall's shopping

*November 2, 11:30 a.m.*  
Pot Luck at Senior Center

*December 12, 1:00 p.m.*  
Christmas Extravaganza at High School

Call Lou Parkinson at 337-0443  
for all reservations.



September 14	Gooseneck Tavern
October 19	Johnny Rockets Easton
November 16	Milano's Steak House
December 21	The Barn on York

Lunch Bunch  
departs at 10:45 a.m  
COTA \$2.50 Round Trip



# SENIOR CALENDAR



## Senior Calendar of Events

## 2005 Travel Planner

### OSU Progressive Lunch

*Wednesday, September 7, 11:00 a.m.*

Sponsored by Sunrise Assisted Living, The Worthington of Gahanna and Traditions at Stygler Road. Limited seating. Reservations are necessary.

### Giselle Ballet Met

*Thursday, September 22, 10:00 a.m.*

Depart the Center at 10:00 a.m. for this Ballet Met performance at The Ohio Theatre. Ticket cost is \$13. Transportation \$1.

### Senior Center Little Brown Jug Event

*Thursday, September 29, 1:00 p.m.*

Join us for an afternoon of horse racing fun including specialty drinks and snacks, wagering and jockeying for position. Cost \$2. Must register. Wagering (.50 a bet) is on your own.

### Gahanna Swinging Seniors End of the Year Banquet

*Thursday, October 6*

Lunch and awards following golf play. Senior Golf League Members only, please. Must register.

### Fall Fireside Feast

*Wednesday, October 12, Noon - 1:00 p.m.*

Box meal, entertainment, hayride and loads of fun at Friendship Park. Bring a lawn chair. Please register; limited to 60 people. No charge. Sponsored by Sunrise of Gahanna Assisted Living.

### OSU Tailgate Party

*Friday, October 14, Noon*

Brats, chips, drinks, music. Wear your scarlet and gray and join the fun! Sponsored by Allen Meyer, Investment Representative with Edward Jones.

### Halloween Party and Bingo

*Wednesday, October 26, Noon*

Lunch, costume judging (Ghost Costumes only), craft sale and prizes. Must register. Cost \$3. sponsored by Lutheran Village of Columbus.

### A French Octoberfest

*Thursday, October 27, 9:00 a.m.*

Join historian Josie Gonot for a Alsace, French region cultural lecture and French-German breakfast food tasting. Samples will include Quiche Lorraine, fresh croissants, German sausage and French roast coffee. Cost \$5.

### Outlet Shopping

*Friday, November 4, 8:30 a.m.*

Depart Center at 8:30 a.m. Stop for breakfast on your own. Shopping at Ohio Outlet Mall. Return at 5:00 p.m. Transportation \$3.

### Holiday Boutique

*Thursday, November 17, 1:00 p.m.*

Holiday shopping!!! Representatives with Taste-fully Simple, Mary Kay, Southern Living and Pampered Chef will have items to purchase or order. Please register.

### Christmas Extravaganza

*Sunday, December 11, 1:00 and 4:00 p.m.*

Presentation by the Pinnell Dance Center with a special appearance by "The Headliners," the Senior Citizen Line Dancers at the Gahanna Lincoln High School. Admission is a can of food.

### Christmas Open House

*Wednesday, December 14, 1:00 p.m.*

Entertainment provided by the Gahanna Lincoln High School Chorale. Holiday music sing along and refreshments.

### Rails, Rivers and Red Fall Foliage Tour - Buffalo - Niagara Area

*October 15 - 17; \$389 double*

Motorcoach transportation, accommodations in Niagara - Buffalo area, Niagara River Cruise and Dinner, train through Erie Canal Heritage corridor, canal cruise, Lucy-Desi Museum and theater. Gratuities, taxes and insurance included.

### Christmas in Hershey

*December 1 - 3; \$429 double*

Motorcoach transportation, accommodations at Hershey Lodge, Christmas concert featuring the Von Trapp children, admission to Chocolate World, and drive thru Sweet Lights Spectacular, two breakfasts and two dinners including a Christmas Dinner Theatre Musical, gratuities, taxes and insurance included.

### Australia and New Zealand

*February 20 - March 9, 2006;  
starting from \$5,995*

Twelve night cruise aboard "Diamond Princess," airfare, transfers, 2 nights Cairn, day tour of Great Barrier Reef, 1 night Sydney, tour of Sydney, Opera House and Harbour Dinner cruise.

**2006 Outlook**  
*Spring in New York  
Fall in The Colorado Rockies*

**Payment must accompany  
all reservations!**

## Holiday Craft Fair



**Saturday, November 5  
9:00 a.m. - 4:00 p.m.**

**Gahanna Senior Center  
480 Rocky Fork Blvd.**

*Many beautiful items to choose from!  
Stop by for all your Holiday Shopping.  
Twelve foot tables are available for rent -  
Call 342-4265 for information.*

## Program and Trip Reservation Policy

***No Reservations will be taken until September 12th!***

1. Residents of Gahanna who are members of the Senior Center have the opportunity to register for programs before nonresident members.
2. All trips and programs are filled on a first-come, first-serve basis.
3. NO reservations will be accepted by phone for trips or programs. Reservations MUST be made at the Senior Center. Payment made at time of reservation.
4. All checks are to be made out to the City of Gahanna (unless otherwise noted). If you are paying in cash, please bring the EXACT amount.
5. A reservation is a firm agreement. Refunds may be made ONLY if your vacancy is filled.
6. If you cancel your reservations, call as soon as possible. You may NOT fill the reservation yourself. Cancelled reservations are filled from the waiting list.
7. You must sign up for yourself and/or your spouse.

# PHONE NUMBERS

## City Information

Department	Phone #
Building Department .....	342-4010
Civil Service .....	342-4091
Council Office .....	342-4090
Court .....	342-4080
Development .....	342-4015
Emergency Operations .....	342-4452
Engineering .....	342-4050
Finance .....	342-4060
GIS .....	342-4073
Golf Course .....	342-4270
Human Resources .....	342-4455
IT Department .....	342-4070
Mayor's Office .....	342-4045
Parks and Recreation .....	342-4250
Parks Maintenance .....	342-4260
Police Department .....	342-4240
Receptionist .....	342-4000
Senior Center .....	342-4265
Service Department .....	342-4005
Streets & Utilities .....	342-4425
Tax Department .....	342-4030
Water Department .....	342-4440
Zoning .....	342-4025

To have your organization included in this directory, please call the Parks & Recreation Office at 342-4250.



## Swimming Pools

Foxboro Pool .....	475-6996
Gahanna Swim Club .....	470-0204
Hunters Ridge Pool .....	337-9492

Visit [www.gahanna.gov](http://www.gahanna.gov) for links to the swimming pools' web sites.

## Miscellaneous

Boy Scouts/Cub Scouts,	
Simon Kenton Council .....	436-7200
Columbus Polo Club, John Albers .....	464-4414
Flea Market, Joyce Mahr .....	475-2509
Gahanna Chamber of Commerce .....	471-0451
Gahanna Historical Society .....	475-3342
Gahanna Library .....	645-2270
Gahanna Lions Club, David Barnecut ..	475-2624
Gahanna News – SNP .....	882-2244
Gahanna Convention and	
Visitor's Bureau .....	418-9114
Girl Scouts .....	487-8101
Herb Education Center,	
Bunnie Geroux .....	428-9255
Rocky Fork Enterprise .....	471-1600

## Creative & Performing Arts

Gahanna Art League, Reta Sigal .....	855-9896
Gahanna Community Theater,	
Char McCasland .....	471-0438
Jean Langkamp (Art in the Halls) .....	471-3724

## Exercise & Fitness

Gahanna Bicycle Advisory Board,	
Dennis Oswald .....	475-6223
Gahanna YMCA .....	416-9622

## Sport Leagues – Adults

Basketball (Men's) .....	342-4250
Soccer (GSA) .....	855-0506
Softball .....	342-4250
United States Flag and Touch	
Football League .....	267-1932
Volleyball (indoor & outdoor) .....	342-4250

## Sport Leagues – Youths

Gahanna Junior League Baseball	
and Softball, Marty White .....	471-0608
Gahanna Junior League Basketball	
(Boys and Girls), Mike Meeks .....	471-3368
Gahanna In-Line Hockey League,	
Marc Hoffman .....	475-4589/342-4250
Gahanna Junior League Football,	
Jim Chiero .....	476-5555
Gahanna Lacrosse League,	
Martin Richardson .....	891-6708
Gahanna Soccer Association,	
John Will .....	855-0506

Visit [www.gahanna.gov](http://www.gahanna.gov) for links to the junior leagues' web sites.

## Parks & Recreation

Blendon Woods Metro Park .....	895-6221
Blacklick Woods Metro Park .....	861-8759
Columbus Recreation & Parks .....	645-3300
Gahanna Parks & Recreation .....	342-4250
Reynoldsburg Parks & Recreation .....	866-6188
Westerville Parks & Recreation .....	901-6500

## Important Numbers And Addresses

<b>Gahanna Police Department</b>	
460 Rocky Fork Blvd.	342-4240
<b>Mifflin Township Fire Department</b>	
#131 475 Rocky Fork Blvd.	471-0542
#134 422 McCutcheon Rd.	471-0568
<b>Jefferson Township Fire Department</b>	
6767 Havens Corners Rd.	861-2289
<b>Gahanna Municipal Complex</b>	
200 S. Hamilton Rd.	342-4000
<b>Franklin County Sheriff</b>	
369 High St.	462-3333
<b>State Highway Patrol Headquarters</b>	
1970 W. Broad St.	466-2660
<b>Gahanna – Jefferson Public Schools</b>	
160 S. Hamilton Rd.	471-7065
<b>Gahanna Post Office</b>	
246 Lincoln Circle	471-9174
<b>Mifflin Township Office</b>	
155 Olde Ridenour Rd.	471-4494
<b>Jefferson Township Office</b>	
6545 Havens Rd.	855-4260



# REGISTRATION



These policies and forms apply to Parks and Recreation Programs *only* (not Senior Center Programs). To register for a Parks and Recreation Program, follow these steps:

## In Person

Registrations are accepted at the Parks and Recreation Office, 200 S. Hamilton Road, Monday-Friday, 8:00 a.m.-5:00 p.m.

## By Mail

Fill out the registration form. Enclose fee payment (check or credit card number). Check must be made payable to City of Gahanna. Mail to Gahanna Parks and Recreation, 200 S. Hamilton Road, Gahanna, OH 43230.

## Drop Box

Fill out the registration form. Enclose fee payment (check or credit card number). Checks must be made payable to City of Gahanna. Drop the registration in the drop box located to the left of the front doors of the Municipal Building, 200 S. Hamilton Road.

## By Fax

For credit card payments only. Fill out the registration form with the credit card number. Fax to 342-4351 or 342-4100, attention Parks and Recreation.

## Registration/Cancellation Policies:

1. **Fees:** The City of Gahanna Parks and Recreation Department is funded primarily through income taxes paid to the City of Gahanna. For this reason, any person residing in the City of Gahanna; or who is an employee of a business located within the City of Gahanna (which also includes a spouse and/or child of such employee), will pay the **RESIDENT RATE** when registering for a program or when reserving a Park and/or Golf Course facility. Any person **NOT** residing in the City of Gahanna; or who is **NOT** an employee (spouse or child) of a business located within the City of Gahanna, will be required to pay the **NON-RESIDENT RATE** (which is an extra \$10.00 added to the resident rate unless otherwise noted). *(Please note that even if you have a Gahanna mailing address and/or live within the Gahanna-Jefferson School District, you MAY NOT be a qualifying resident of the City of Gahanna.)*

In order to qualify as a resident and/or to receive the RESIDENT RATE, a person must live within the Gahanna City limits and may be required to verify proof of residency by showing a current City of Gahanna water bill, along with any valid photo identification. An employee (spouse or child) of a business located within the City of Gahanna must provide proof of employment on company letterhead (with Gahanna address) signed by the personnel director or president of the company. Presentation of a valid photo identification of the employee will also be required upon registration.

2. Fees must be paid at the time of registration. Only receipt of payment reserves enrollment. **All programs have limited enrollment.** Register promptly; nothing kills a class faster than an attempt at a last minute registration.
3. Cancellations: We will contact you if a class has been cancelled or filled to maximum capacity prior to our receipt of your registration. If you do not hear from us, please attend the first class.
4. Refunds are only issued in instances when a class has been cancelled by the Gahanna Parks and Recreation Department. A credit will be issued if the registrant opts not to attend the class. **ABSOLUTELY NO REFUNDS WILL BE ISSUED FOR CUSTOMER REQUESTED CANCELLATIONS.**
5. If the Gahanna-Jefferson Schools close due to inclement weather, all Gahanna Parks and Recreation Programs will be cancelled and scheduled at a later date.
6. The Gahanna Parks and Recreation Department, requires participants registering for age- or grade-specific programs, to be the **minimum** age or grade listed by the **first day** of the program.
7. The Gahanna Parks and Recreation Department will regularly photograph the classes and their participants. The photographs may be used in publications and on the web site. **If you wish not to be photographed, please indicate so on the registration form.**

The acorn  
is on page

## City of Gahanna Parks & Recreation Department Registration Form (Please Print Legibly)

Make check or money order payable to the City of Gahanna and mail to:  
Gahanna Parks & Recreation Department, 200 S. Hamilton Rd, Gahanna, OH 43230



Adult Name (Parent or Guardian): Last \_\_\_\_\_ First \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_  
Day Phone \_\_\_\_\_ Night Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Participant Name	Birth Date	M/F	Program #	Section #	Program Title	Fee

Please bill my credit card (circle one): MC VISA \_\_\_\_\_  
Name of Cardholder Account Number Exp. Date

For and in consideration of the opportunity to participate in the above described Gahanna Parks & Recreation Program, I, for myself, my heirs, executors, and administrators, acquit, discharge and covenant to hold harmless the City of Gahanna, its successors, its officers, employees, servants, and agents of and from any and all actions, claims, causes of actions, claims demands, damages, costs, loss of services, expenses and compensations, on or account of or in any way growing out of any and all personal injury or property damage which may result to me as a result of participant in the aforementioned activity. I/We have read and agree to the registration and related department policies, including the right to use my or my child's photograph or image with or without my child's name, both single and in conjunction with other persons or objects for any and all purposes, including, but not limited to, private or public presentations, advertising, publicity and promotions relating thereto.

\_\_\_\_ I do not give my permission for photographs to be used.

Participant Signature (Parent/Guardian if participant is under 18) \_\_\_\_\_ Date \_\_\_\_\_





200 S. Hamilton Road  
Gahanna, OH 43230

US Postage Paid  
Blacklick, OH  
43004  
Permit 54



## What's Your Vision?

*Tell us on the enclosed survey!*



### What's Inside?

<i>Festivals .....</i>	<i>4</i>
<i>Community Events .....</i>	<i>7</i>
<i>Family Classes .....</i>	<i>9</i>
<i>Adult Programs/Sports .....</i>	<i>10-12</i>
<i>Youth Programs/Sports .....</i>	<i>14-16</i>
<i>Teen Zone .....</i>	<i>17</i>
<i>Ohio Herb Education Center .....</i>	<i>18</i>
<i>Senior Center Programs .....</i>	<i>19-21</i>
<i>Community Directory .....</i>	<i>22</i>
<i>Class Registration Form .....</i>	<i>23</i>

### Wanna PLAY?

The Gahanna Parks and Recreation Department wants to get your mind as well as your body playing this fall, so we offer the community this challenge: Find the acorn hidden in this issue. What's in it for you? The winner will receive a **\$50 Gift Certificate** good towards the purchase of any program offered in this Fall '05 Program Guide.

All you have to do is fill out the registration form located on page 23 (class registration not required to participate) and send it to us by Friday, September 16<sup>th</sup>. If more than one entry is received we will hold a drawing of all correct entries on Monday, September 19<sup>th</sup>. You must be 18 or older to enter. Gift Certificate has no cash value. One entry will be picked.

